



Chicago Bow Hunters Archery Safety

Indoor & Outdoor
Archery Safety



Archery Etiquette

Act with respect at the Archery Range

Etiquette

Archery should be fun and each person at the range should be treated with integrity

Safety First

- Number 1 Rule of archery is SAFETY. Safety first and at all times when on the range.
 - Always point your bow downrange and toward the targets when your bow holds a nocked arrow.
 - Never cross the shooting line (to pull your arrows from the target) when others are still shooting.
 - Never nock an arrow until everyone returns from the targets and crosses back over the shooting line.

No Horseplay /Goofing-off

- Horseplay / Goofing-off applies to everyone; adults and children. It can be dangerous at any age.
 - Never run, yell, scream or throw stuff when on the range.
 - Leave your arrows in your **quiver** until it's time to shoot.
 - Use two hands when pulling arrows from the target, and then carefully return them to your quiver.
 - No smoking or drinking.

Etiquette

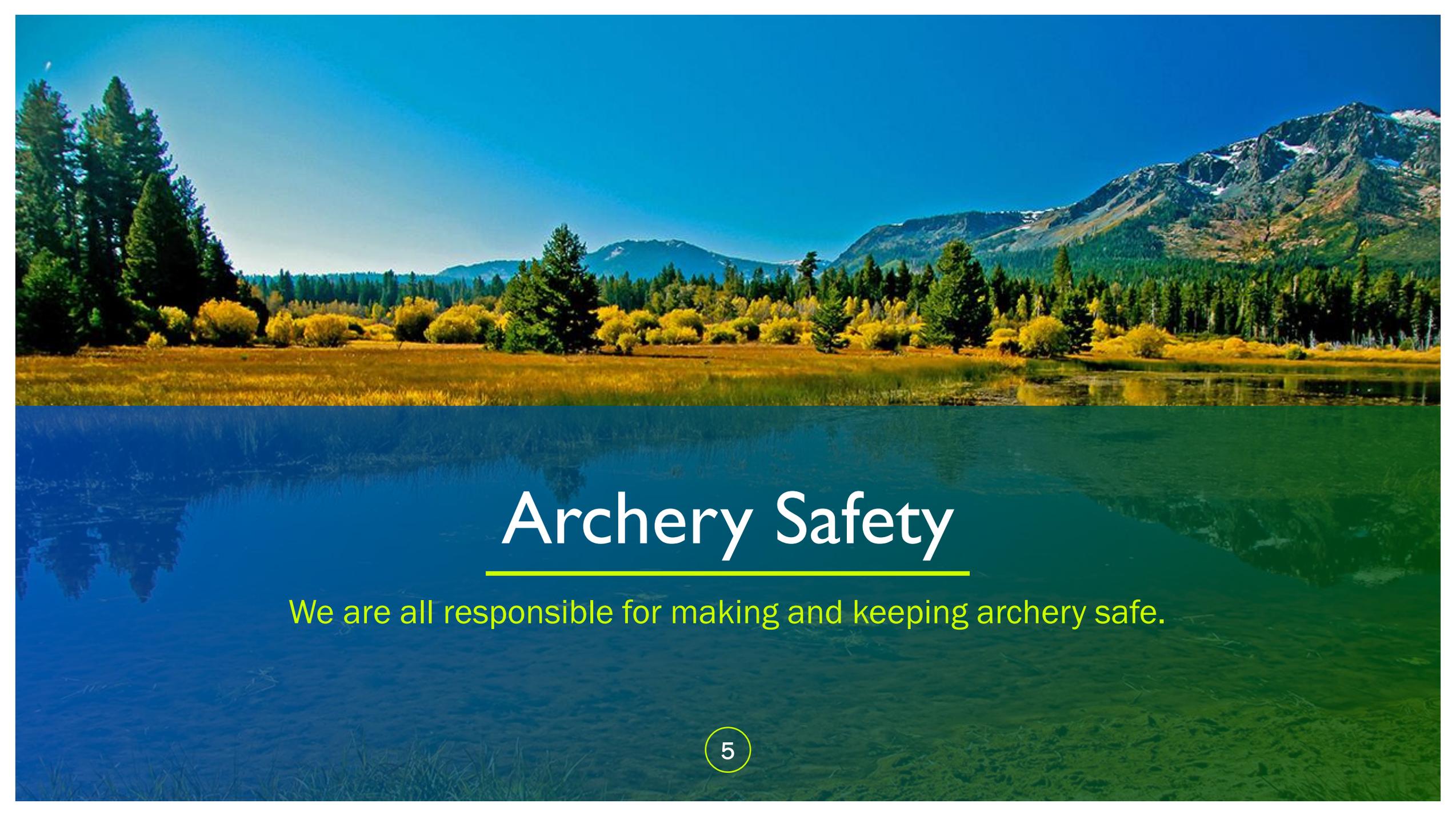
Archery should be fun and each person at the range should be treated with integrity

Give fellow archers space

- You will be shooting next to people of all ages and skill levels – beginners to seasoned veterans. They may be shooting for fun, working on form, or seriously preparing for a competition.
 - Be friendly but stay out of other people's way if they look like they want to be left alone.
 - Many archers do not like to talk while on the shooting line. Some might be OK with it, but in general, don't talk to others while on the line.

Pay Attention

- There are times when an indoor archery range can be packed with shooters making it easy to bump them accidentally– afternoon or evening practice, a pin shoot, or a competition
 - Pay attention, especially when approaching or leaving the shooting line.
 - Make sure not to interfere with nearby archers when nocking your arrow or **drawing your bow**, and keep your recurve bow upright!
 - When ready to shoot, make sure your feet straddle the shooting line. Don't stand behind it unless your range requires it.
 - Pay attention to how many arrows others shoot. If they are waiting for you to shoot your arrows before they can retrieve theirs, you should take fewer shots. You don't have to shoot every arrow in your quiver!
 - Don't leave the shooting line if the archer next to you is at full draw! Stand still until their arrow hits the target. You're then safe to leave the line.



Archery Safety

We are all responsible for making and keeping archery safe.

Archery Safety

Prevent injury to others and yourself

- POINT, DRAW, AND AIM arrows in the direction of the target.
- **Never** point a bow and arrow at another person.
- **Never** shoot an arrow straight up into the air (skying).
- **Never** shoot an arrow off into the distance where you cannot see where it will land.
- **Never** shoot an arrow unless you are positive that no one is in front of you or behind the targets.
- When looking for an arrow behind a target place your bow leaning against the target face so it is seen by archers approaching the target.
- Always stay on marked and designated paths, travel only in the direction targets are laid out.
- **Never** stand in front of a bow while being shot even if you are to the side of the shooter.
- Only shoot arrows with broadheads at designated 3D targets.
- Wear snug fitting clothes, tie back long hair, remove large earrings, take-off any pins, remove anything from chest pockets.

ADD A FOOTER

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Archery Safety

- 1** No sky shooting! No sky drawing. Immediate ban follows!

- 2** No dry firing! Never release string without an arrow.

- 3** Only draw your bow when aiming at the target.

- 4** Only nock your arrows at shooting position.

- 5** Stand across the shooting line, not in front or behind.

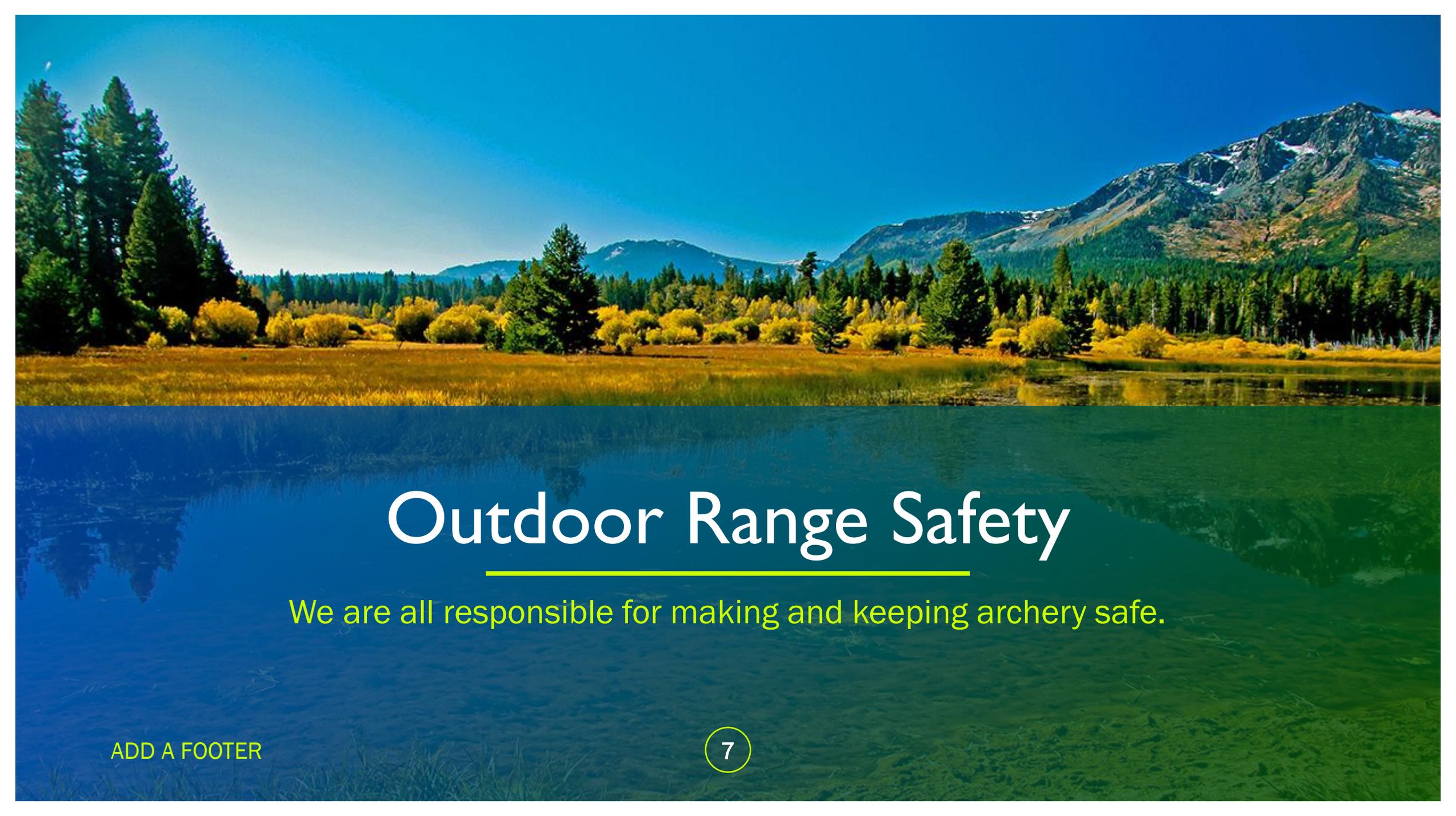
- 6** Collect your arrows after everyone has finished shooting.

- 7** Always walk on the range. Carry arrows with the tips facing down.

- 8** Check target is clear, brace target and pull arrows right at the front.

- 9** Place the bow on your shoe to prevent dirt getting into the string.

- 10** No drinking and no smoking on the archery ranges.

Outdoor Range Safety

We are all responsible for making and keeping archery safe.

Outdoor Range

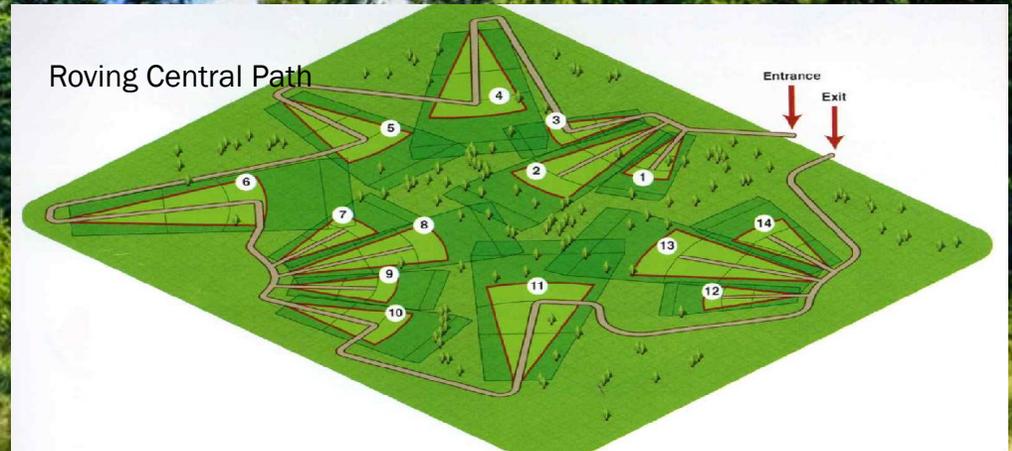
CBH has several outdoor practice ranges.

- Pull and Return Target Ranges
 - Roving Range: Central Path
 - Roving Range: Shoot Through Range
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- CBH 3D Course is a roving range with a central path. For safety when you do not shoot the entire course follow the central path to the course exit.
 - Enter and exit at the designated path locations
 - Avoid exiting behind 3D Target #1. The utility path behind target 1 crosses behind Field Range Target #11.
 - CBH Field Course is a roving range with shoot through.
 - Never walk backwards on a shoot through course. Walking backward places you in direct line of fire at the previous target.
 - Paths exiting the Field Course can be found at Target 4, 13, 14, 15, and 28.
 - CBH Monthly 3D Tournament Courses are of the roving range shoot through variety.
 - Never walk backwards on a 3D tournament course.
 - Follow the course signage and trail markers.
 - Do not go into area cordoned off by caution tape.
 - Each 3D tournament course is setup uniquely each month. For safety follow the course path to the designated exit.

Pull & Return



Roving Central Path



Roving Shoot Through



Outdoor Range

Looking for Arrows

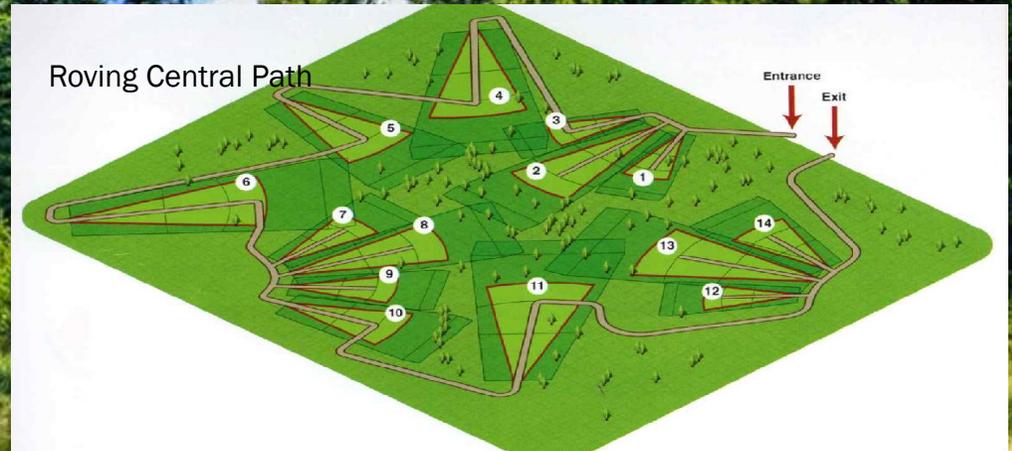
- Pull and Return target ranges
- Roving Range: Central Path
- Roving Range: Shoot Through Range

- CBH 3D Course when you overshoot the target.
 - Place bow in front / on the target while you are behind looking for your arrow.
 - Be aware of archers who may be on the course behind you. If they approach the target where you are looking for an arrow, make sure they know you are behind the target.
 - If you approach a 3D target and you see arrows in the target, bow on the target or bow rack, DO NOT SHOOT. Make sure no one is behind the target.
- CBH Field Course when you overshoot the target.
 - Place bow in front / on the target while you are behind looking for your arrow.
 - Be aware of archers who may be on the course behind you. If they approach the target where you are looking for an arrow, make sure they know you are behind the target.
 - If you approach a field target and you see arrows in the target, bow on the target or bow rack, DO NOT SHOOT. Make sure no one is behind the target.
- CBH Monthly 3D Tournament Course when you overshoot the target.
 - Place bow in front / on the target while you are looking for your arrow.
 - Be aware of archers who may be on the course behind you. If they approach the target where you are looking for an arrow, make sure they know you are behind the target.
 - You have 2 minutes to look for an arrow on a tournament course
 - If you approach a field target and you see arrows in the target, bow on the target or bow rack, DO NOT SHOOT. Make sure no one is behind the target.

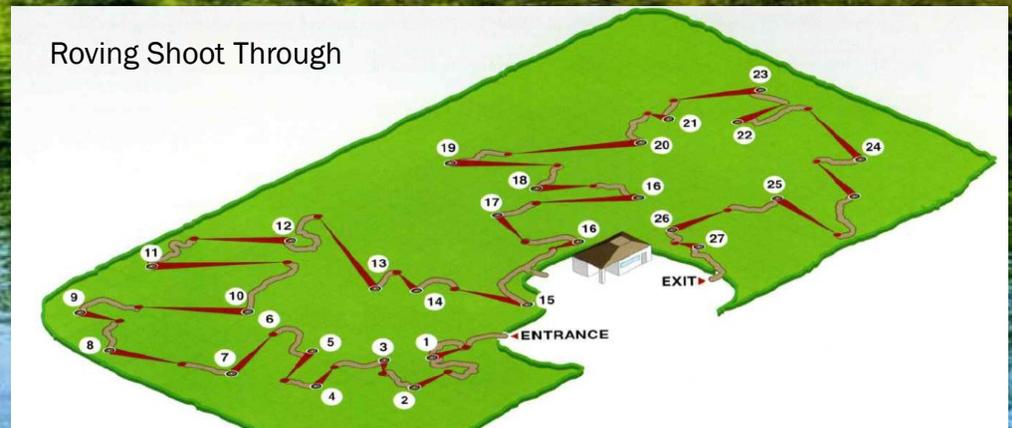
Pull & Return

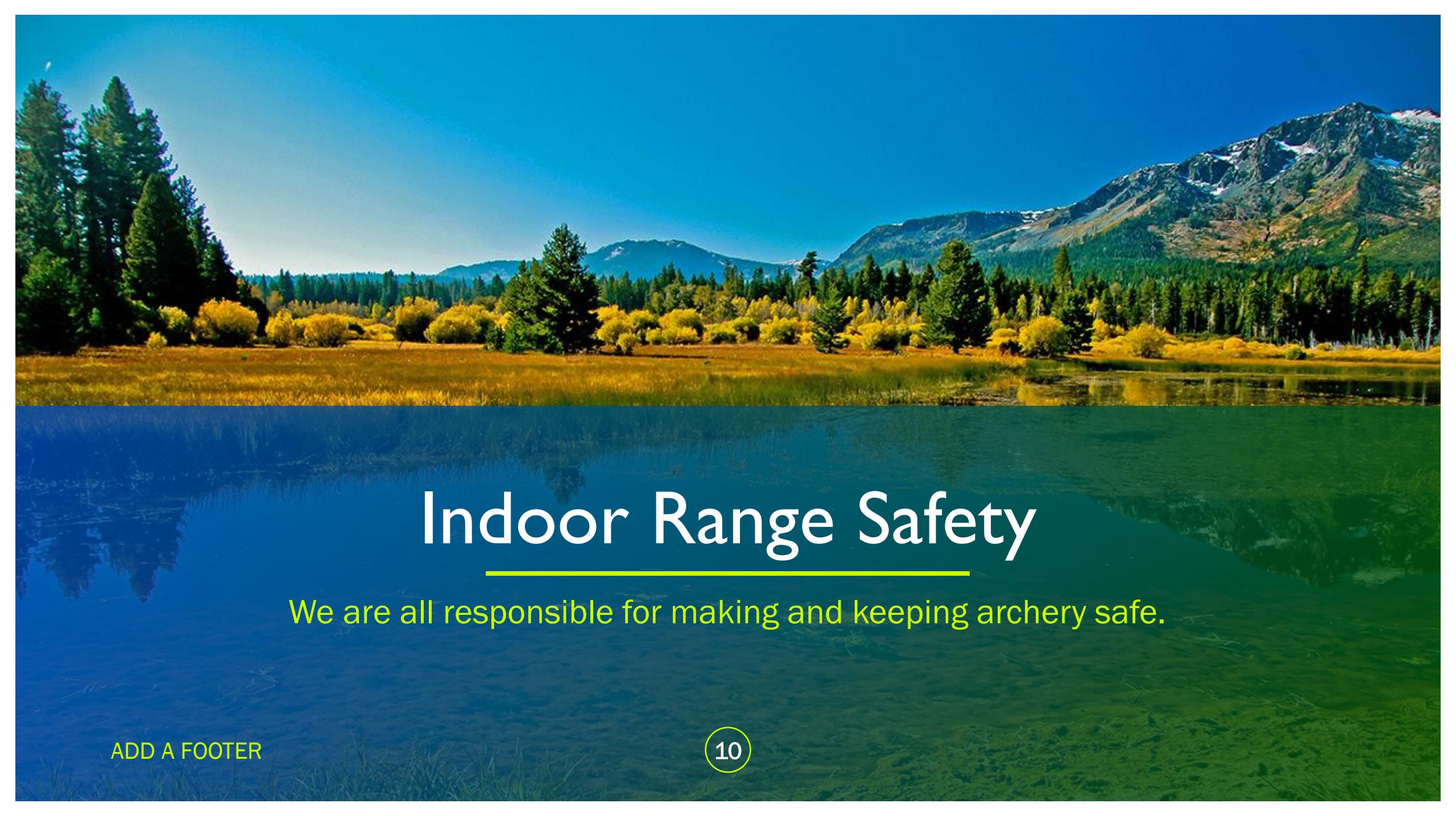


Roving Central Path



Roving Shoot Through





Indoor Range Safety

We are all responsible for making and keeping archery safe.

Indoor Range

Informal Practice Session

There are no set rules or formal protocols enforced when archers practice on an open range and non-competitive situation.

- Informal Archery Practice

- All Archers shoot from the same line. When ready to shoot, make sure your feet straddle the shooting line. Don't stand behind it unless your range requires it.
- As archers finishing shooting their arrows, they should place bow on arrow rack and wait for all archers to finish shooting.
- Archer shooting last arrow at the shooting line yells "CLEAR".
- After pulling arrows, last archer returning to shooting line yells, "CLEAR".
- Be cognation of the number of arrows others are shooting, do not shoot all your arrows making others wait.
- Never nock an arrow until everyone returns from the targets and crosses back over the shooting line.
- Make sure not to interfere with nearby archers when nocking your arrow or **drawing your bow** and keep your bow upright!
- No running on the range.



Indoor Range

Formal Practice Session or Competition

Formal protocols and proceedings are practiced regarding the type of shooting event, number of arrows to shoot, the amount of time to shoot, assigned shooting positions, etc.

- **Formal Archery Session**

- “Whistle commands” or whistle blasts are given by the range commander, coach, or referee. Verbal commands may also be.
 - **WHISTLE: TWO BLASTS**
 - VERBAL: “Archers to the shooting line”
 - Meaning: Pick up your bow and move into position on the shooting line. Do not pick up the arrows.
 - **WHISTLE: ONE BLAST**
 - VERBAL: “Begin shooting”
 - Meaning: Archers may take arrows out of the quivers and start shooting.
 - **WHISTLE: THREE BLASTS**
 - VERBAL: “Retrieve arrows”
 - Meaning: Archers have completed shooting. They may move to the target line and pull their arrows.
 - **WHISTLE: FIVE OR MORE BLASTS (EMERGENCY)**
 - VERBAL: “STOP, STOP, STOP, STOP” or “STOP SHOOTING”
 - Meaning: There is an emergency on the range. Immediately let down and put arrows back in the quiver, step back behind the waiting line and wait for further instruction.

ARCHERY RANGE RULES

- ➡ ALWAYS WALK ON THE RANGE
- ➡ KEEP YOUR ARROWS IN YOUR QUIVER UNTIL TOLD TO SHOOT
- ➡ ONLY RELEASE THE BOW STRING WHEN AN ARROW IS NOCKED AND SAFELY POINTED TOWARD THE TARGET
- ➡ LEAVE DROPPED ARROWS ON THE GROUND UNTIL INSTRUCTED TO RETRIEVE THEM
- ➡ IF THERE IS AN EMERGENCY ON THE RANGE IMMEDIATELY ALERT THE INSTRUCTOR

WHISTLE COMMANDS

2 WHISTLE BLASTS = GO TO THE LINE
1 WHISTLE BLAST = SHOOT
3 WHISTLE BLASTS = RETRIEVE ARROWS
5 OR MORE WHISTLE BLASTS = EMERGENCY — IMMEDIATELY STOP SHOOTING, RETURN BOWS TO THE RACK AND GO BEHIND THE WAITING LINE

KNOW AND OBEY ALL WHISTLE COMMANDS AND RANGE RULES



SAFETY IS OUR #1 PRIORITY!

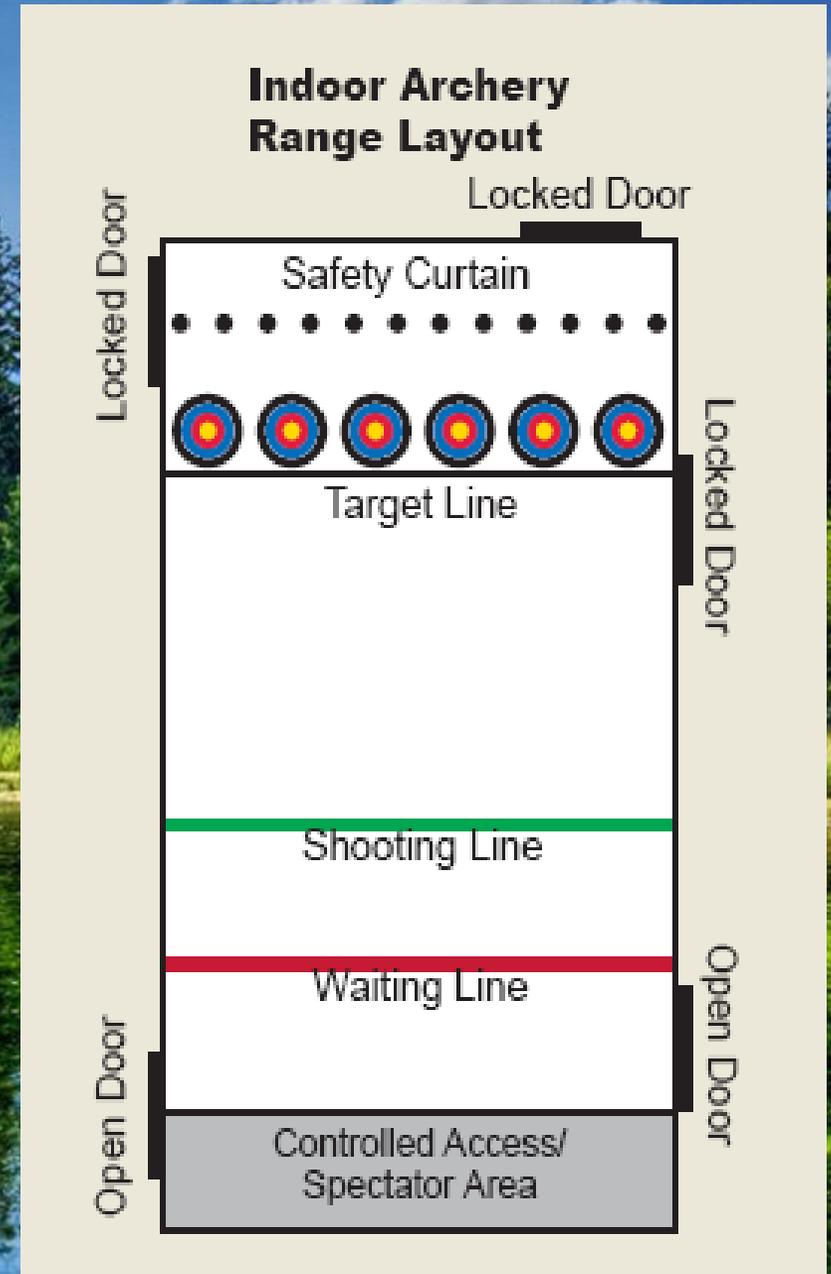
Indoor Range

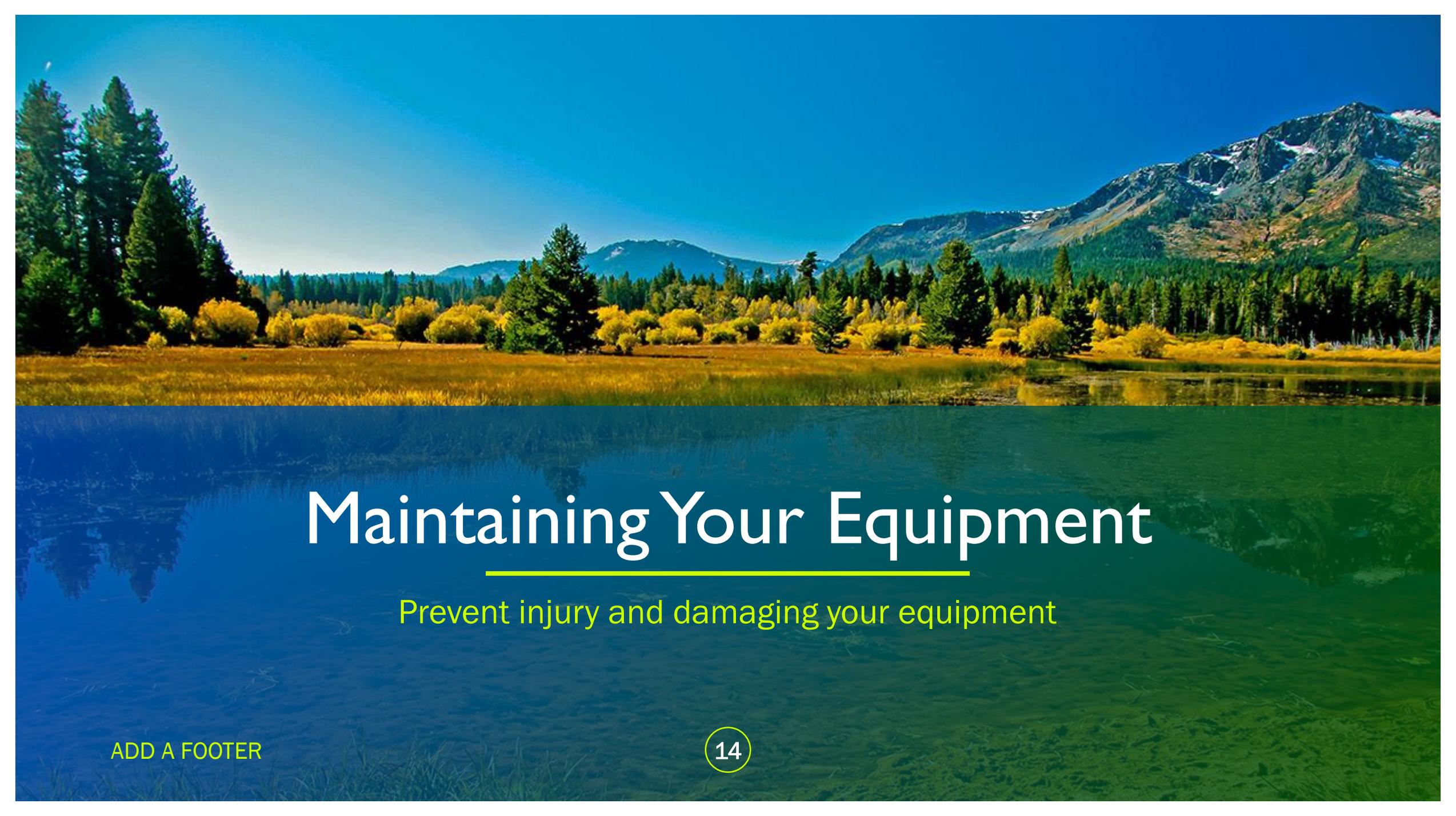
Formal Practice Session or Competition

Formal protocols and proceedings are practiced regarding the type of shooting event, number of arrows to shoot, the amount of time to shoot, etc.

- **Formal Archery Session**

- Archers wait behind the waiting line until they hear two whistle blasts to proceed to the shooting line.
- All Archers shoot from the designated shooting line and assigned position as required for the event.
- Archers will here one whistle blast to start shooting.
- Archers shoot only the number of arrows specified for the formal event within the allocated time period for each end shot for the round.
- As archers finishing shooting their arrows, they should place bow on arrow rack, go behind the waiting line, and wait for all archers to finish shooting.
- Three whistle blasts tell archers they may go forward and pull arrows.
- After pulling arrows, archer returns and moves behind the waiting line.
- The target line is an imaginary line approximately 5 feet from the target. It provides a safety buffer for those archers waiting to pull arrows.





Maintaining Your Equipment

Prevent injury and damaging your equipment

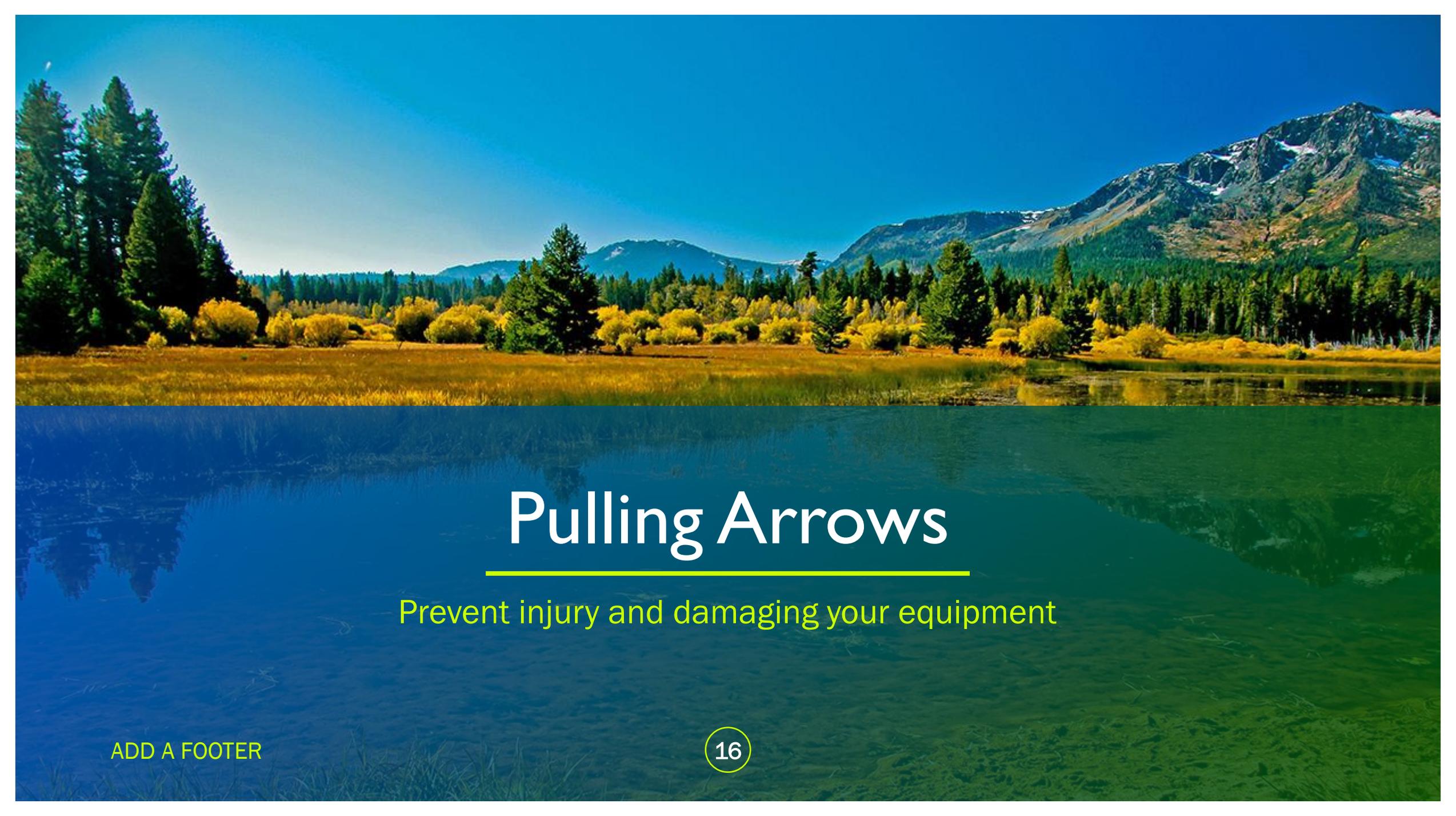
Archery Equipment

Regular equipment checks keeps you safe and your equipment ready to use.

Damaged equipment should be repaired or replaced to avoid injury.

- **Don't dry fire your bow!** Dry firing your bow can lead to its damage.
 - A dry fire is when a drawn string is released without an arrow attached.
 - Recurve bows will eventually experience limb failure.
 - Compound bows can experience one or more of the following :
 - Bent cams
 - Warped cam tracks
 - Broken or derailed bowstring
 - Splintered limbs
 - Broken cable guard
- Regularly check your bow for cracks or twisting limbs.
- Regularly check the condition of your bow string.
 - Fraying strings can be maintained with bow wax.
 - Worn bowstring should be replaced.
- Regularly check the condition of your arrows.
 - Arrows can be cracked or damaged after a target miss or when arrows are grouped very close on a target.
 - Damaged arrows should be discarded.
 - Shooting a damaged arrow can result in it breaking and may cause injury to the shooter.
- Use a bow stringer to string long bows and recurves.
 - After stringing your bow always check for string loops to be properly seated before shooting.
- Always use arrows of the correct length—the arrows match the archer's draw length or can be longer.





Pulling Arrows

Prevent injury and damaging your equipment

Pulling Arrows

Regular equipment checks keeps you safe and your equipment ready to use.

Majority of archery accidents each year happen when pulling arrows.

- One archer at a time may go forward from the target line to pull arrows
- Stand to the side of the target and make sure that no one is standing behind your arrows
- Pull your arrows out one at a time and put them in the quiver or can be placed on the ground
- If you find your arrows do not pull easily from the target use an arrow puller.
 - The arrow puller will reduce the chance of damaging the arrow trying to remove it from the target.
- After you have pulled all your arrows, return to the waiting line



Archer Shoot Session

Purpose is to ensure new CBH members can demonstrate proper Archery form and range safety and protocols

Archer Shoot

New CBH members demonstrate archery safety and safe shooting from.

- Insure new CBH members can demonstrate safe archery form shooting arrows.
 - Point, draw, and aim arrow in direction of the target.
 - Shoot from the designated shooting line.
 - Have arrows that are long enough for the archer's draw length.
 - Demonstrate correct method of pulling arrows.
- Have new members demonstrate proper range safety in an informal range situation.
 - Follow basic range rules.
 - Demonstrate proper range behavior.





THANK YOU!

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